

# A Note on Materials

Gathering materials can often be the most challenging part in getting started with handicrafts. Do not let this be an obstacle for you. Keep a well-stocked craft cabinet, and you will be able to complete most of the Rooted Childhood projects without purchasing many extras.

Thrift stores are ideal for stocking up on craft supplies. You'll find piles of yarn, embroidery thread, spools of ribbon, baskets, glass jars and vases, scrapbooking supplies, scrap pieces of wood, and so much more.

## BASICS TO KEEP ON HAND:

- » Size 2 crewel needles
- » tapestry needles
- » hot glue gun and glue sticks
- » Mod Podge
- » foam paintbrushes
- » a variety of artist paintbrushes
- » a set of watercolors
- » a few colors of acrylic craft paint

- » craft felt in a variety of colors
- » burlap and/or linen scraps
- » a variety of twine, string, and ribbon
- » white cardstock
- » colored cardstock and/or scrapbook paper
- » fabric scissors
- » yarn



# September

## SUPPLY LIST

### RECIPE BOX

- » unfinished wood box or pre-made recipe box
- » cardstock for printing

### AUTUMN WREATH

- » styrofoam wreath
- » burlap ribbon
- » two types of decorative ribbon
- » hot glue gun & glue sticks
- » galvanized metal word or monogram letter

### TWINE-WRAPPED MASON JARS

- » mason jar
- » hot glue gun & glue sticks
- » twine
- » Mod Podge
- » foam paintbrush

### PIPE CLEANER FAIRIES

- » pipe cleaners
- » wooden beads
- » embroidery thread
- » artificial flower petals

### SPICED PLAY DOUGH

- » flour
- » salt
- » cream of tartar
- » oil
- » herbs/spices for color: cocoa powder, paprika, and turmeric

### APPLE TREE EMBROIDERY

- » embroidery hoop
- » burlap
- » embroidery thread (brown, green, & red)
- » green felt
- » brown felt
- » red buttons
- » scissors
- » embroidery or tapestry needle

### NEEDLE FELTED BUNTING

- » cream felt
- » triangle template
- » sharp scissors
- » small leaf cookie cutters
- » wool roving in autumn colors
- » felting needles
- » cut-resistant gloves (optional)
- » upholstery foam or felting pad
- » embroidery thread in autumn colors
- » embroidery needles
- » ribbon

### PAPER MODELING

- » cardstock
- » ruler or cutting mat with measuring guides
- » craft knife or scissors
- » glue stick



# October

## SUPPLY LIST

### AUTUMN SPICE MOON SAND

- » flour
- » oil
- » pumpkin pie spice
- » scoops, spoons, cups, silicone molds
- » nature-inspired loose parts

### FINGER-KNITTED NECKLACE

- » lightweight yarn
- » decorative beads
- » scissors

### MACRAMÉ PLANT HANGER & GLITTER POTS

- » terra cotta pot
- » acrylic craft paint
- » foam paint brushes
- » DIY glitter glue
- » Mod Podge
- » 6mm macramé cord
- » scissors

### FELT ANIMAL MASKS

- » felt
- » freezer paper
- » iron
- » fabric scissors
- » hot glue gun & hot glue
- » braided elastic
- » embroidery thread
- » embroidery needle

### SPICED JAR CANDLES

- » 1 lb beeswax pellets
- » coconut oil
- » cinnamon essential oil
- » clove essential oil
- » ground cinnamon & cloves
- » 3 half pint, regular mouth mason jars or 6 4oz jelly jars
- » pre-tabbed, medium-sized natural wicks
- » hot glue gun & hot glue stick
- » dedicated glass jar or large measuring cup
- » wooden skewer or craft stick

### FLEECE CAMPFIRE BLANKET

- » 1.5 yards of plaid fleece
- » 1.5 yards of a coordinating solid color fleece
- » fabric scissors

### WATERCOLOR PUMPKIN DECOR

- » watercolor paper cut to desired size or pre-made card
- » tube watercolors
- » quality #8 watercolor paint brush
- » paint palette or styrofoam plate
- » paper towel
- » jar/cup of water

### DRAWSTRING TREASURE BAG

- » fabric scraps
- » rope or ribbon
- » hot glue gun & hot glue
- » fabric scissors

# November SUPPLY LIST



## PRESERVED ACORNS

- » acorns
- » acrylic craft paint
- » paint brush
- » hot glue gun & glue sticks

## CORN HUSK DOLLS

- » dried corn husks
- » string, twine, or raffia
- » bowl of water
- » felt, fabric, paint (optional)

## BEESWAX WRAP

- » 100% cotton fat quarter or fabric scraps
- » iron
- » pinking shears
- » beeswax pellets
- » parchment paper
- » baking sheet
- » pastry brush or clean paint brush
- » old hanger or clothespins

## TIN CAN LANTERNS

- » recycled cans
- » hammer
- » large nail
- » spray paint (optional)
- » wire
- » beads



## LOOSE LEAF TEA

- » loose leaf tea
- » dried fruit, flowers, and herbs
- » glass jars, reusable tea bags, and/or a metal tea ball

## GRATITUDE JOURNAL

- » cardstock
- » plain paper or template journal pages
- » binder clips
- » ruler
- » pencil
- » embroidery thread
- » beeswax (optional)
- » sewing needle
- » awl or craft knife (optional)
- » stack of heavy books

## WOVEN WALL HANGING

- » sturdy picture frame, glass and backing removed
- » cotton string or yarn
- » an assortment of yarn in various weights
- » scissors
- » weaving needle (optional)
- » fork
- » wooden dowel or stick
- » embroidery thread
- » sewing needle

## SHADOW PUPPETS

- » template patterns
- » black cardstock
- » paper straws, thin wooden dowels, or sticks
- » hot glue gun & glue sticks

# December SUPPLY LIST



## CRANBERRY POPCORN GARLAND

- » cotton string
- » popcorn
- » cranberries
- » tapestry needle
- » scissors

## ROPE BASKET

- » rope
- » embroidery thread
- » tapestry needle
- » small bowl
- » scissors

## FAMILY PHOTO ALBUM

- » blank book or album
- » family photos
- » double-sided tape or glue dots
- » stickers

## FLANNEL COASTERS

- » scrap cardboard cut into a 4-inch square
- » permanent marker or white chalk marker
- » flannel fabric
- » felt
- » fabric scissors
- » spray adhesive for fabric
- » embroidery thread
- » embroidery needle

## WOODEN SPINNING TOPS

- » wooden wheels with 1/4 inch hole
- » 1/4 inch wooden dowel
- » pencil sharpener
- » hand saw
- » paint or markers
- » hammer
- » strong adhesive (E6000)

## PERSONALIZED MUGS

- » white mugs
- » rubbing alcohol
- » cotton balls
- » cotton swab
- » fine tip oil-based paint marker

## SNOW DOUGH KIT

- » ½ cup cornstarch
- » 1 cup baking soda
- » ¾ cup water
- » essential oils (optional)
- » bento container or small box
- » small nature items
- » miniature figurines

## STRING ART

- » wood board
- » paint or stain (optional)
- » printed pattern, 2 copies
- » tape
- » nails, 1-inch
- » hammer
- » tweezers
- » string
- » scissors
- » decorative garland (optional)



# January SUPPLY LIST



## CONSTELLATION EMBROIDERY

- » printed patterns
- » 4-inch embroidery hoop
- » white graphite transfer paper
- » pencil
- » tracing stylus or ballpoint pen
- » dark fabric
- » silver metallic embroidery thread
- » white embroidery thread
- » embroidery needle
- » milliner needle (optional)

## CANVAS SILHOUETTES

- » camera
- » computer
- » printer
- » printer paper
- » double-sided tape
- » canvas (12x12 or smaller)
- » pencil
- » acrylic craft paint
- » foam paint brush
- » small paint brush

## PAINTED PINE CONE DECOR

- » pine cones
- » white paint
- » foam paint brush
- » long stick
- » ribbon or string
- » hot glue gun & hot glue

## MILLEFIORI BEADS

- » polymer clay
- » flexible cutting blade or knife
- » clay roller or substitute
- » toothpick
- » ceramic tile (optional)
- » aluminum baking pans (optional)

## WINDOW STARS

- » kite paper
- » glue stick
- » tape

## OPEN TERRARIUM

- » clear container
- » sand
- » small pebbles
- » soil
- » plants
- » spray bottle

## WET FELTED SCENE

- » wool roving
- » wool yarn (optional)
- » plastic bubble wrap
- » towel
- » dish soap
- » water
- » spray bottle
- » rolling pin
- » rubber bands (optional)

## WINTER SIMMER POT

- » 1 orange, thinly sliced and dried
- » 4 cinnamon sticks
- » 3 sprigs of evergreen needles
- » 1 tablespoon star anise
- » 1 tablespoon whole cloves
- » 1/4 teaspoon of allspice
- » juniper berries

# February SUPPLY LIST



## KINDNESS ROCKS

- » rocks
- » scrap fabric or scrapbook paper
- » oil-based paint pens
- » Mod Podge Outdoor
- » foam paint brush

## PERSONALIZED LIBRARY TOTES

- » cotton or canvas tote bag
- » stencil
- » fabric paint and/or fabric markers
- » foam stencil brush
- » scrap piece of cardboard

## FRIENDSHIP BRACELETS

- » embroidery thread
- » scissors
- » scrap cardboard, clipboard, tape, or safety pin (optional)

## NAPKIN FOLDING

- » square cloth napkin

## HAND-DIPPED BEESWAX CANDLES

- » beeswax
- » wax-coated hemp wick
- » tall metal container
- » large pot for double boiler
- » tall bucket or glass jar of cold water
- » scrap cardboard
- » small metal nuts
- » wooden stick
- » newspaper or butcher paper
- » long piece of scrap wood

## NEEDLE-FELTED CARDINAL

- » wool roving in red, black, and orange
- » small styrofoam ball (optional)
- » felting needles
- » felting pad or upholstery foam
- » black beads or ball head sewing pins

## FELT HEART GARLAND

- » felt
- » heart template
- » sewing pins
- » embroidery thread
- » sewing needle
- » fabric scissors
- » heart template cut from scrap cardboard
- » marker
- » cotton balls or scrap fabric for stuffing
- » tapestry needle
- » string, ribbon, or nylon cord

## QUILLING

- » quilling paper
- » slotted quilling tool
- » tweezers
- » small scissors
- » glue
- » needle tool or toothpick
- » cardstock or blank note cards

# March

## SUPPLY LIST



### TEACUP BIRD FEEDER

- » teacup and saucer
- » ceramic glue (E6000)
- » twine
- » hot glue gun and hot glue
- » birdseed

### FABRIC SCRAP BUNTING

- » fabric scraps
- » fabric scissors
- » ribbon, lace, burlap (optional)
- » string, yarn, jute, or rope

### PAPER FLOWER CENTERPIECE

- » crepe paper in a variety of colors
- » scissors
- » pinking shears
- » floral wire
- » floral tape
- » glass jar
- » Mod Podge or glue
- » foam paint brush

### BEANBAGS

- » fabric
- » embroidery thread
- » embroidery needle
- » fabric scissors
- » marker
- » funnel or sheet of paper
- » dried beans

### BEADED WIND CHIMES

- » beads with a medium or large opening
- » nylon beading thread
- » beading needle (optional)
- » metal bells
- » driftwood, stick, or wooden dowel
- » twine
- » scissors

### DYED SILK HAND KITES

- » 1 yard of silk
- » fabric scissors
- » liquid or gel food coloring
- » distilled white vinegar
- » unfinished wooden rings
- » beeswax (optional)

### HANGING RAINBOW

- » scrap cardboard
- » 1/4 yard white fuzzy fabric
- » fabric scissors
- » fiberfill
- » white embroidery floss
- » embroidery needle
- » buttons in assorted colors
- » string or yarn

### SPRING POM POM WREATH

- » styrofoam wreath form
- » 1/2 yard fabric
- » large fabric scrap in a coordinating pattern
- » yarn
- » fabric scissors
- » hot glue gun & hot glue

# April SUPPLY LIST



## PETAL PINCUSHION

- » fabric
- » fabric scissors
- » pencil
- » round object to trace
- » pinking shears
- » milliner's needle
- » embroidery thread
- » fiberfill
- » button or felt

## CASCARONES

- » eggs & egg carton
- » pin or knife
- » small bowl or cup
- » liquid food coloring
- » distilled white vinegar
- » spoon
- » recycled paper confetti
- » funnel or sheet of paper
- » scissors
- » tissue paper
- » glue

## SMALL WORLD GARDEN

- » container or tray
- » mud play dough
- » rocks, sticks, seeds
- » miniature garden figurines
- » miniature terra cotta pots
- » small scoop or shovel

## TRINKET BOXES

- » paper mâché boxes
- » scrapbook paper
- » washi tape
- » double-sided tape or spray adhesive
- » drawer knobs or wooden knobs
- » awl or other sharp object
- » hot glue gun & hot glue

## UPCYCLED GARDEN MARKERS

- » canning lids, wide or regular mouth
- » outdoor acrylic paint
- » oil-based paint pen
- » paint brush
- » stick or wooden dowel
- » super glue or E6000

## WOODEN BIRD HOUSE

- » wood scraps, cut to size
- » wooden dowel
- » wood glue
- » hammer
- » nails

## STRING-WRAPPED EGGS

- » blown out eggs or paper mâché eggs
- » string, jute, baker's twine, or yarn
- » hot glue and glue sticks
- » clear tacky glue
- » scissors

## FELT BIRDS

- » felt
- » freezer paper (optional)
- » iron (optional)
- » fabric scissors
- » embroidery thread
- » embroidery needle with a large eye

# May SUPPLY LIST



## FLORAL MONOGRAM

- » paper mâché letter
- » floral foam
- » craft knife
- » bread knife
- » hot glue gun & hot glue
- » faux flowers
- » scissors or wire cutters

## WILDFLOWER PAPER

- » recycled paper torn into 1-2" strips
- » flower petals, fresh or dried
- » blender
- » mesh strainer
- » measuring cup
- » dishpan or plastic tub
- » water
- » mould and deckle
- » couching cloth
- » sponge
- » several towels
- » wooden board (optional)

## BUTTERFLY MOBILE

- » butterfly template
- » scrapbook paper in a variety of patterns
- » scissors
- » all-purpose glue stick
- » tacky glue
- » ball head pin
- » 3 wooden dowels or sticks
- » metallic embroidery thread
- » needle
- » hot glue gun & hot glue

## PAPEL PICADO

- » tissue paper
- » marker
- » scissors
- » hole punch
- » string
- » glue or clear tape

## FLOWER PRESS

- » 2 small wooden plaques
- » 4 machine bolts, 4 matching nuts, & 4 small washers
- » masking tape
- » ruler
- » pencil
- » power drill
- » drill bit that is slightly larger than the bolts
- » sandpaper
- » scrapbook paper
- » scissors
- » Mod Podge
- » foam paint brush
- » corrugated cardboard

## LACE PRINT CLAY BOWLS

- » air dry clay
- » rolling pin
- » small glass bowl
- » butter knife
- » lace remnant or ribbon
- » sandpaper
- » acrylic craft paint (optional)

## YARN EMBROIDERED CANVAS

- » stretched artist's canvas
- » printed template (optional)
- » thumbtack
- » light to medium weight yarn
- » yarn darning needle or other needle with extra large eye

## FRESH FLORAL CROWNS

- » fresh flowers
- » vine-covered floral wire
- » floral tape
- » scissors

# June SUPPLY LIST

FIND PRINTABLE TEMPLATES AT [ROOTEDCHILDHOOD.COM/JUNEEXTRAS](http://ROOTEDCHILDHOOD.COM/JUNEEXTRAS)

## FELT FINGER PUPPETS

- » printed template
- » freezer paper
- » pen
- » iron
- » felt in a variety of colors
- » embroidery thread
- » embroidery needle
- » scissors
- » hot glue gun & hot glue (optional)

## BLOCK PRINTING

- » Speedy-Carve block
- » printed template or hand-drawn image
- » graphite paper
- » ballpoint pen
- » linoleum cutter with assorted blades
- » block printing ink or paint
- » paper plate
- » soft rubber brayer (optional)
- » white paper
- » scissors or box cutter
- » scrap wood
- » strong adhesive like super glue or E6000

## HULA HOOP WEAVING

- » hula hoop
- » old adult T-shirt
- » yarn, ribbon, fabric scraps, finger-knitted ropes
- » scissors

## LEATHER LUGGAGE TAGS

- » leather
- » awl
- » sharp scissors and/or craft knife
- » embroidery thread
- » tapestry needle
- » metal ring
- » leather cord



## SCRAP WOOD BUG HOTEL

- » scrap wood
- » mason bee cardboard tubes (optional)
- » power drill
- » hammer
- » nails & screws
- » moss, sticks, and other nature items

## SUN PRINT FABRIC

- » white flour sack towels
- » acrylic paint, dark colors work best
- » paint brushes
- » recycled jar or bowl for mixing paint
- » variety of leaves, flowers, grass, and nature materials

## MODELING BEESWAX

- » modeling beeswax in assorted colors
- » rice sock or bowl of warm water
- » butter knife
- » toothpicks

## MELTED BEAD SUNCATCHERS

- » translucent plastic pony beads
- » old muffin tin, baking sheet, cookie cutters
- » outdoor grill or toaster oven
- » small metal washer or metal bead (optional)
- » power drill (optional)
- » string

# July SUPPLY LIST

FIND PRINTABLE TEMPLATES AT [ROOTEDCHILDHOOD.COM/JULYEXTRAS](http://ROOTEDCHILDHOOD.COM/JULYEXTRAS)



## BEADED WIRE BOOKMARKS

- » 16-18 gauge copper wire
- » needle nose pliers
- » wire cutters
- » beads

## FISHNET MAJON JARS

- » mason jar
- » jute twine
- » scissors
- » hot glue gun & hot glue

## FELT CITRUS COASTERS

- » felt, white and colors of your choice
- » freezer paper (optional)
- » iron (optional)
- » fabric scissors
- » embroidery thread
- » embroidery needle with a large eye

## TOY BOATS

- » natural materials- cork, sticks, scrap wood, bark, bamboo, etc.
- » small sticks or wooden dowels
- » string
- » felt
- » hot glue gun & hot glue
- » power drill

## SPool KNITTING

- » spool knitter
- » light to medium weight yarn
- » crochet hook, double pointed knitting needle or seam ripper
- » scissors

## BEACHPLAY SAND

- » fine grain sand
- » cornstarch
- » oil
- » shallow container
- » seashells, smooth sea glass, driftwood or other natural materials

## STAINED GLASS PAINTING

- » old picture frame
- » printed coloring page template
- » white glue in a bottle
- » black acrylic paint
- » clear glue
- » acrylic paint in desired colors
- » paint brushes
- » old muffin tin, bowls, or small jars
- » strong adhesive (E6000)
- » chain or rope

## DRIFTWOOD PHOTO HANGER

- » driftwood
- » string
- » tapestry needle
- » power drill
- » mini clothespins
- » printed photos

# August SUPPLY LIST



## SOCK STUFFIES

- » recycled socks
- » fiber fill or felt/fabric scraps
- » felt scraps
- » spare buttons
- » embroidery thread
- » embroidery needles
- » scissors
- » hot glue gun & hot glue (optional)

## JAPANESE SENSU FANS

- » decorative wrapping paper or scrapbook paper
- » plain white paper
- » wood sticks, 8-inches long by 1/2-inch wide
- » 2-inch ball head pin
- » compass drawing tool
- » scissors
- » needle-nose pliers
- » paint brush
- » pencil
- » glue
- » string tassel
- » hot glue gun and hot glue

## ICE CREAM PLAY DOUGH

- » 1 can of store-bought frosting
- » 2 cups cornstarch
- » ice cream cones, cups, or small bowls
- » ice cream scoop
- » sprinkles
- » red pom poms

## STORY STONES

- » smooth rocks
- » acrylic craft paint and fine point paint brush or stickers
- » foam paint brush
- » Mod Podge or other clear sealant

## KITE MAKING

- » thin plastic tablecloth
- » 2 36-inch 1/8 inch wooden dowels
- » measuring tape or ruler
- » pencil
- » masking tape
- » string
- » scissors
- » pocket knife
- » clear tape
- » fabric scraps cut into 1 1/2 inch wide strips
- » Mod Podge or other clear sealant

## PLAY FORT

- » 1"x2" wood boards cut into 4 4-ft lengths
- » 3 1/2-inch wooden dowels
- » measuring tape
- » pencil
- » drill
- » wood glue
- » any kind of fabric covering (sheet, curtain, etc.)
- » sewing machine or iron-on fusible stitch (optional)

## PARTY PIÑATA

- » scrap cardboard
- » masking tape
- » pencil
- » scissors
- » crepe paper rolls
- » glue stick

## GINGHAM CROSS STITCH

- » gingham fabric
- » 4-inch embroidery hoop
- » embroidery thread
- » embroidery needle
- » scissors